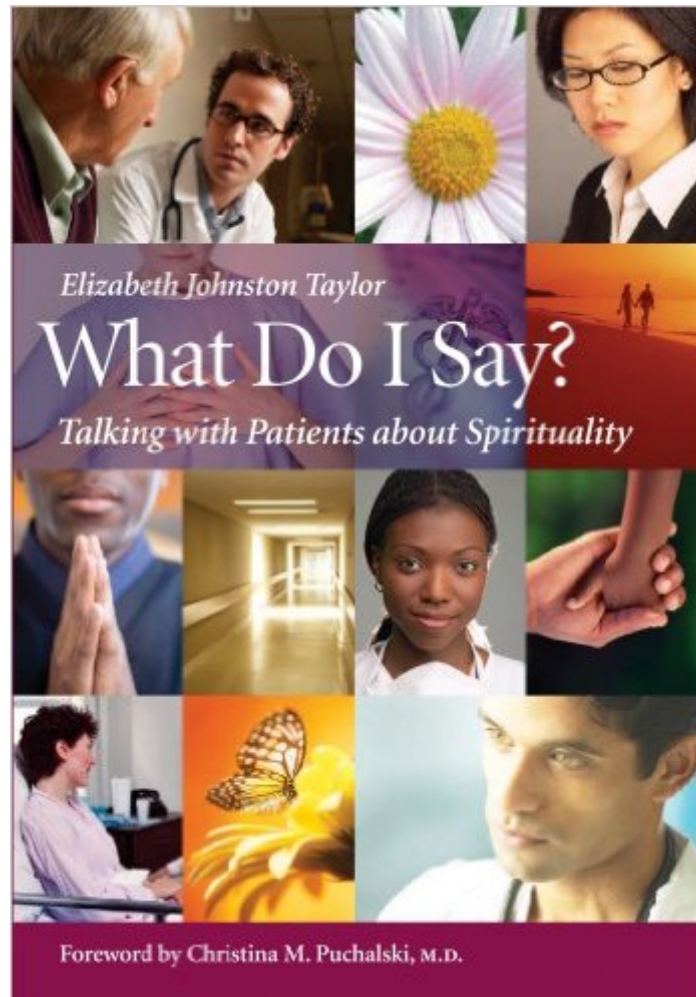


The book was found

What Do I Say?: Talking With Patients About Spirituality



Synopsis

Health care professionals, clergy, chaplains, social workers and others who counsel people in medical crisis often find themselves faced with deeply painful questions: Why is this happening to me? Am I dying? Why should I live? I'm just a burden to others. The author, an internationally recognized expert in spiritual care giving, points out that wanting to help is one motivation for learning these skills, but there are also evidence-based reasons: helping patients express their innermost feelings promotes spiritual healing; spiritual health is related to physical and emotional health; spiritual coping helps patients accept and deal with their illness; and patients tend to want their health care professionals to know about their spirituality. Lessons, tips, and exercises teach how to listen effectively, with guidelines for detecting and understanding the spiritual needs embedded in patients' conversations. Suggestions are provided for verbal responses to patients who express spiritual distress, including tips for building rapport, using self-disclosure, and praying with patients. A FAQ section deals with frequently asked questions and miscellaneous information, such as: What do I do when a patient talks on and on and I have to leave? How do I answer a why question? What do I say to a patient who believes a miracle will happen to cure them? What if I'm not religious? How can I talk about it? By practicing and using these healing techniques, Taylor explains, health care professionals will be able to provide patients responses to their questions that allow them to become intellectually, emotionally, and physically aware of their spirituality so they can experience life more fully.

Book Information

Paperback: 160 pages

Publisher: Templeton Press (May 1, 2007)

Language: English

ISBN-10: 1599471205

ISBN-13: 978-1599471204

Product Dimensions: 7 x 0.5 x 10 inches

Shipping Weight: 7 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (15 customer reviews)

Best Sellers Rank: #226,513 in Books (See Top 100 in Books) #67 in [Books > Medical Books >](#)

[Nursing > Nurse-Patient Relations](#) #81 in [Books > Medical Books > Nursing > Patient Education](#)

#286 in [Books > Medical Books > Nursing > Fundamentals & Skills](#)

Customer Reviews

This book is an excellent introduction for health care practitioners in dealing with spiritual issues common in clinical practice. Elizabeth Johnston Taylor presents the subject clearly, enhanced with quotes, cartoons and pointers towards further reading. I particularly like her exercises for readers to explore and examine their own spiritual beliefs and awarenesses, and to practice varieties of ways they can respond to patients' spiritual issues. This book addresses the question of how to form healing verbal responses to patients' expressions of spiritual pain. Although offering healing verbal responses is a fundamental skill for health care professionals, it is not the only approach for nurturing the spirit. Being silently present, reading inspirational materials, offering prayer, and encouraging journal writing or dream analysis are examples of other approaches. (p. 5) Thoughtful quotes help the reader consider these issues. For instance, The compassionate man says, "I love you because I understand you." The empathizing man says, "I know how you feel." The sympathizing man says, "I feel for you." Empathy and sympathy are... devoid of healing power. They have a temporary soothing effect, but they do not heal. - T. Hora (Johnson, p. 14). I don't happen to agree with this quote, but it did give me excellent food for thought. (My own belief is that empathy is a necessary part of compassion, and that it can be very healing for people to experience empathetic listening.) On clearing caregivers' issues, so that they can be present with the people they are helping: Larson described these issues as "interpersonal allergies."

[Download to continue reading...](#)

What Do I Say?: Talking with Patients about Spirituality Talking Back to OCD: The Program That Helps Kids and Teens Say "No Way" -- and Parents Say "Way to Go" Keep It Shut: What to Say, How to Say It, and When to Say Nothing at All Keep It Shut Study Guide: What to Say, How to Say It, and When to Say Nothing At All Conversationally Speaking: WHAT to Say, WHEN to Say It, and HOW to Never Run Out of Things to Say (Communication Skills, Social Skills, Small talk, People Skills) A Spirituality of Fundraising (Henri Nouwen Spirituality) Hindu Spirituality: Vedas Through Vedanta (World Spirituality) Rabbinic Stories (Classics of Western Spirituality) (Classics of Western Spirituality (Paperback)) Celtic Spirituality: A Beginners Guide To Celtic Spirituality Formative Spirituality V04: Scientific Formation (Formative Spirituality Vol 4) What We Feed Our Patients: The Journey, the Struggle, the Culture and How One Unrelenting Chef is Changing The Way Patients in Hospitals Are Fed Boundaries Participant's Guide---Revised: When To Say Yes, How to Say No to Take Control of Your Life What to Say When You Don't Know What to Say: In Times of Grief, Heartache, and Crisis What to Say When You Don't Know What to Say Boundaries: When to Say Yes, When to Say No-To Take Control of Your Life [Miniature Edition] (Inspiro/Zondervan Miniature Editions) Limites Con Los Adolescentes Cuando Decir Si, Como Decir No (Boundaries with Teens:

How To Say Yes, How To Say No) (Spanish Edition) I Didn't Know That - Why We Say The Things We Say: From All Gussied Up to Under The Weather "They Say / I Say": The Moves That Matter in Academic Writing, with Readings (Third Edition) Never Let a Fool Kiss You or a Kiss Fool You : Chiasmus and a World of Quotations That Say What They Mean and Mean What They Say "They Say / I Say": The Moves that Matter in Persuasive Writing

[Dmca](#)